

Navigating Grief with Hope

UNDERSTANDING LOSS, FINDING HEALING

PLEASE JOIN US FOR A FREE community conference open to all. Professional counselors who are members of The Church of Jesus Christ of Latter-day Saints will offer practical tools and compassionate guidance for understanding grief, healing from loss, and helping others. No registration is required. We invite you to attend, connect, and discover the hope and healing available through Jesus Christ.

OCTOBER 24, 2026

9:00 a.m. to 12:15 p.m.

LIBERTY STAKE CENTER

The Church of Jesus Christ of Latter-day Saints
6751 NE 70th St, Kansas City, MO 64119

In person or via Zoom using the QR codes below.

PLENARY SESSION



**Grief 101: Principles, Practices,
and Promises**
Stephen Lassen, PhD

AGENDA

9:00 – 9:45

PLENARY SESSION

9:55 – 10:35

BREAKOUT SESSION ONE

10:45 – 11:25

BREAKOUT SESSION TWO

11:35 – 12:15

BREAKOUT SESSION THREE

All breakout topics repeat during each session.

BREAKOUT SESSION TOPICS



Grieving the Family You Imagined
Vivian Foley, MS, LMFT



**Why Am I Still Not Okay? When
Mourning Gets Stuck and Healing
Needs Help**
Darren J. Garcia, PhD



**Helping Someone Who Has
Experienced Deep Loss**
MacKay Crookston, LPC



Grieving the Death of a Loved One
Shirlene Tonks, PLMA



**Abide with Me: Helping Children and
Teens Grieve**
Melinda Bonham, MS, LMFT



**Exploring Grief That Is Unexpected, Traumatic,
or Difficult for Others to Understand (Suicide,
Homicide, Overdose, etc.)**
Speaker to Be Announced